LUNCH

CACFP Revised 10/05/21

SCHOOL LUNCH PROGRAM

NOVEMBER 2021

-1% white milk served with each meal.

-Menu subject to change due to product availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1 ____ Chicken & Cheese Taquitos ____ Bean Burrito (V)(DF) Carrots Dole Pineapple Cup	2 ____ Chicken & Waffle ____ Waffle w/ PB (V) Sweet & Sassy Pea Salad Apple Chips	3 ____ Cheese Pizza (V) Garden Salad 100% Fruit Juice	4 ___ Cheeseburger ___ Cheese Sandwich (V) Confetti Bean Salad Orange	5 ___ Mac & Cheese (V) Spiced Pears Celery
8 ____ Chicken Sandwich ____ Grilled Cheese (V) Gala Apple Ranch Garbanzos	9 ____ Bean & Cheese Burrito (V) Cherry Applesauce Sliced Bell Peppers	10 ____ Cheese Pizza (V) Garden Salad 100% Fruit Juice	11 	12 ____ Biscuits & Gravy (Turkey) ____ Grilled Cheese Carrot Orange Craisins
15 ____ Green Chili & Cheese Quesadilla (V) Golden Arctic Apples Confetti Bean Salad	16 ____ Chicken & Cheese Sandwich ____ Grilled Cheese PP Veggie Juice Raspberry-Lemonade Craisins	17 ____ Cheese Pizza (V) Garden Salad 100% Fruit Juice	18 ____ Citrus Chicken & WG Rice ____ Green Chili & Cheese Quesadilla (V) Celery 100% Fruit Juice	19 ____ Chicken Taquitos ____ Cheese Quesadilla(V) Elote Salad Watermelon Applesauce
22 ____ Hamburger (Beef) ____ Uncrustable PB & J Pickle Pear	23 ____ Cheesy Lasagna (V) GR Veggie Juice Gala Apple	24 	25 	26
29 *Frijoles Con Queso w/ RF Rounds (V) ___ Uncrustable PB & J Go'Bonzos 100% Fruit Juice	30 ___ Chicken Nuggets ___ Grilled Cheese (V) Elote Salad Sour Apple Applesauce			

Child's Name _____ Class _____

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*CACFP Students Receive 1/2c Fruits & Veggies Daily

Please return the completed menu to the office or via email (tcabardo@mc.school) by Friday, October 22nd to be included for the week Nov. 1st meals. Please pick one daily entrée option. Days with only 1 option contain no meat.